

Pregnancy outcomes and expressed needs among asylum seekers

A Literature review

Background

Asylum seekers:
Vulnerable with respect to
sexual and
reproductive
health

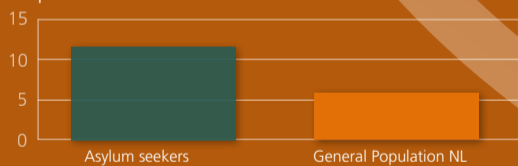
Epidemiology

Asylum specific indicators:
very scarce

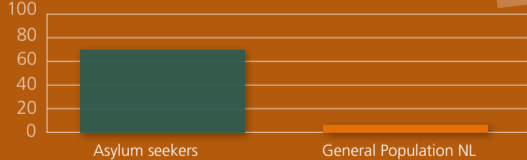
Data Netherlands:

- **Perinatal mortality:** 11.3/1000 live births
RR=2.0; 95% BI: 1.3-3.1 (I. van Oostrum)
- **Maternal mortality:** 69.3/100,000 live births
RR=10.1; 95% BI: 8.0-12.8 (I. van Oostrum)
- **Severe acute maternal morbidity:** 31.0/1000 pregnancies
RR=4.5; 95% BI: 3.3-6.1 (J. Zwart)

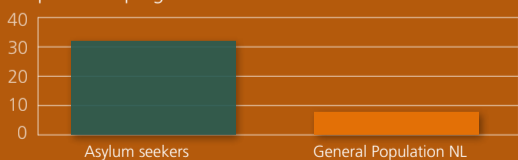
Perinatal mortality
per 1000 live births



Maternal mortality
per 100,000 live births



Severe acute maternal morbidity
per 1000 pregnancies



Needs

Pregnant asylum seekers
express a **need for:**

- **information** about pregnancy
- **information** about health system
- **bridging the language gap**
- **empathic health professionals**
- **continuity of care**
- **pregnancy groups** to meet other women and **share information**

Recommendations

Policy and practice
are recommended to **ensure:**

- **access** to and **continuity** of health care
- use of **interpreters**
- availability of **culturally competent professionals**
- A **health networks approach**
- **Information provision** about pregnancy and health system
- **Screening** for risk factors
- Supporting the women in their **strengths** and **coping factors**
- **Perinatal audits**